



Ruhkala a Leadership Academy

March 4, 2019

Inspired to Learn. Committed to Lead
Ruhkala Website: <http://rues.rocklinusd.org/>

Follow us on Twitter: [@RuhkalaLeaders](https://twitter.com/RuhkalaLeaders)



Monday 3/4/19	<ul style="list-style-type: none">● Maroon Monday: Wear Maroon to Show your Spirit!● Minimum Day: Teacher Report Card Prep. Kinder dismissed at 12:10 First to Sixth Grade dismissed at 12:20
Tuesday 3/5/19	<ul style="list-style-type: none">● Choir Practice 3:30-4:30 Room L● VAPA Ms. Berridge/Ms. Storey● TGA Golf and Tennis 2:30-3:30 Basketball Courts
Wednesday 3/6/19	<ul style="list-style-type: none">● VAPA: Mr. Garza/Ms. Kelley● Running Club 2:30-3:30
Thursday 3/7/19	<ul style="list-style-type: none">● PTC Monthly Meeting: 2:30/Library● Second Grade Field Trip (American River Water Education)● Fifth Grade Field Trip(Wm. B. Pond)● VAPA: Ms. Gottschalk
Friday 3/8/19	<ul style="list-style-type: none">● Leadership Assembly 7:50-8:10



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PTC Update

<http://www.ruhkalaptsc.com>

Husky families! Thursday is our March PTC meeting at 2:30 in our library. Several board positions will open up for the next school year (President, VP, Secretary, Treasurer) and we encourage you to get involved! Come ask questions!

We love to see your faces at the meeting but if you are unable, please use this call in feature!

Join Zoom Meeting

<https://zoom.us/j/7326183787>

Dial by your location

+1 669 900 6833 US

Meeting ID: 732 618 3787

We are joining in to treat our teachers and staff during conference week! Please see this link to sign up! [XXXXXXXXXXXXXXXXXXXXXXXXXXXX](#)

SAVE THE DATE! NOTE SOME DATES HAVE CHANGED!

Monday, March 18th is Monday Madness! Sign up in the office!

Friday, April 12th will be our annual Jog-a-Thon! Look for more info to come!

Friday, April 26th is our Silent Auction! Get your sitters lined up to be there for the best night of the year at the Blue Goose in Loomis!

Let us know if you have some amazing contacts for donations for the auction! Contact Alaina Glasgow with your info! 530-867-3622

Thank you and have a great week! -Your Ruhkala PTC

Copy of School Messenger sent out from Rocklin Unified District Office on 2/27/19:

Rocklin Unified School District is committed to student and staff safety. We implement a variety of protocols in preparation for a variety of emergency situations. Each and every year, we review our safety plans and determine areas for improvement. With changes in first responder training, we identified the need to have a comprehensive plan for active violence response. Over the past 14 months, we have worked cooperatively with local law enforcement and fire to create a multi-year plan to address this need.

To prepare for an active violence situation, RUSD is implementing the Run, Hide, Fight protocol. Staff will train students in this protocol between now and March 8th. Below you will find the presentation that will be shared with your children. There are three presentations based on grade level. You will also find a few links for parents to help you navigate the conversations and follow-up discussions at home.

Thank you so much to those of you that were able to come out and give us feedback and share your concerns with us during our Parent Night on January 10th. We used this feedback to improve the student training and also brought it to District Safety Committee for review. The committee, which includes first responders, parents, administrators, teachers, and site staff, provided additional feedback that were incorporated into the final program.

Why Run, Hide, Fight?

The United States Department of Homeland Security, Federal Emergency Management Agency, California Office Of Emergency Services, and local law enforcement agencies recommend the Run, Hide, Fight protocol in response to an active shooter situation.

What does Run, Hide, Fight Mean?

(source: <https://www.ready.gov/active-shooter>)

RESOURCES:

[K-2 Presentation](#), [3-4 Presentation](#); [5-6 Presentation](#)

Parent Helpful Links:

[Helping Children Cope](#) ;

[eHow to Talk to Your Kids about School Lockdown Drills without Scaring Them](#)

[Lockdown Anxiety: Teachers Talk About How to Explain Drills and Calm Kids' Fears](#)

[How To Talk With Kids About Terrible Things](#)

[Anxiety Over School Shootings](#)

Thank you so much for being part of our school district. If you have any further questions, please speak to your site administrator or add your question to our form [HERE](#).

Spanish Club

for Beginning Learners

**Grades
K thru 3**

In Mrs. Salata's
Classroom

Room K3

**Ruhkala
a Leadership
Academy**

A fun-filled program conducted by a native Spanish speaker and Mrs. Salata. Your child will be immersed in the Spanish language through music-song-movement-activities-picture books-apps-and games.

**Thursday Afternoons
from 2:30-3:00**

**Six Week Session
Starting March 21st to
May 2nd.**

Cost per child: \$40.

Small Group Size! Space is limited to the first fifteen children who turn in a permission slip and payment. Please fill in the form and return it to the office. Cash only please.



Ruhkala Spanish Club

Grades K - 3

Begins March 21st from 2:30-3:00

The class will be lead by Ana Maria Calabrese who is a mom of one of our second graders. During the past 7 years she has been training herself on how to raise bilingual children. She and her husband have been using the One Parent, One Language technique and offering their two children every resource available to enrich and support their bilingualism.

Ana Maria is a former public relations specialist with a degree in communications and journalism. She loves to read, sing, and play guitar to her children and that is what she will be sharing with the students of the new Ruhkala Spanish Club. Mrs. Salata will be assisting in the class.

Please return this interest slip and payment to the front office. There is a \$40 dollar fee to cover the cost of materials. Cash only, please.

Student Name: _____

Student's Teacher: _____

Please list the name and contact number of the person who will be picking up your child from Ruhkala Spanish Club:

Name: _____

Number: _____

Parent

Signature: _____



Parent History Social Science Information and Curricula Preview Meeting

March 5th 5:30-6:30 & 7:00-8:00 p.m.
District Office Board Room

Parents will have an opportunity to learn about the CA
History/Social Studies Framework & Ed Code related to the
adoption. The RUSD Piloting process will be shared.

**Parents will have an opportunity to preview and provide input
about the materials and how the District is handling topics that
may be sensitive for some families.**

YOUTH HUSKY HOODIE SALE!

**\$25 for the first and \$22 for each additional hoodie.
High quality, grey raglan style with charcoal sleeves,
full zip front and light weight.**

(6.5oz., 52% cotton/ 48% polyester blend)

**True to size though it is recommended to
go up one size if desired.**

**Front left chest HUSKY PAW LOGO and matching logo on
the back. Samples in the office.**

NAME: _____

TEACHER: _____

PHONE: _____

Please circle and note quantity below

YOUTH SIZE: XS S M L XL TOTAL

QTY: ___ ___ ___ ___ ___ = _____

**Cash/Venmo (Alaina-Glasgow) due at
time of order.**

**ORDERS DUE TO OFFICE BY
MARCH 22nd**

2019-2020

WHITNEY BOYS BASKETBALL CLUB

HOME OF THE HUSTLIN' WILDCATS!

SPRING SESSION~BOYS BASKETBALL TRYOUTS!

Saturday March 9th and Sunday March 10th

8 th Grade	9AM-10AM
7 th Grade	10AM-11AM
6 th Grade	11AM-Noon
5 th Grade	Noon-1PM

Monday March 11th

3rd-4th Grade Boys- 5pm-7pm

*There will be a \$20 Tryout Fee (covers both days of tryouts) for each participant due the day of the tryout. This fee covers gym time and insurance costs for the players. In addition, please arrive with a check for the spring registration fee (275.00) which will be cashed only after teams are announced. Please make all checks out to Hustlin' Wildcats Boys Basketball. Please arrive at least 15 minutes early to your son's tryout and be sure to bring your own basketball!!!

****ALL TRYOUTS WILL TAKE PLACE IN THE WHITNEY HIGH MAIN GYM**

701 WILDCAT BLVD. ROCKLIN, CA 95765



Visit our website: whitneybasketball.com



Hands-On Science!

STEM learning (Science, Technology, Engineering, Math) with hands-on science!

**Class Held at:
Ruhkala Elementary**

Class Day: Thursdays
Class Time: 2:30 PM – 3:30 PM
Grades: K - 6
Program Length: 6 Weeks
Spring Start Date: 3/21/19
Pricing: \$90 (\$100 after 3/14/19)

**REMEMBER, CLASSES DO FILL, SO...
DON'T DELAY...ENROLL ONLINE TODAY!**

Sacramento.madscience.org
ph: (916) 779-0390
fax: (866)846-3563

GUARANTEE YOUR SPOT! Register online (best) or mail this form directly to Mad Science!

Please **DO NOT** leave registrations in school office or with child's teacher.

After School!

Spring 2019: Crazy Chemworks

Shake up a flask of science fun in the lab as a junior chemist! All things chemical are packed into hands-on experiments using actual laboratory tools. Build up and break apart molecules! Pick up some tricks on chemical changes!

All Summer Camps at the Sacramento Kids' Lab are \$131 until 4/30/19.

We reserve the right to substitute equally exciting classes when necessary.

SPARKING IMAGINATIVE LEARNING

Ruhkala	Spring 19 <input type="radio"/>	Date of Birth	Grade Level	Child's Teacher	Cost
Child's Name:					
Home Address:			City:	Zip:	
Parent's Email (required for registration and class communication):					
Health/Allergy Concerns:					
Phones (2 required): (H)		(C)	(W)		
Emergency Alternate Contact Name:				Phone:	

My child will: () Be dismissed without escort at the door

() Attend Day Care at the School () Be signed out by: _____

Parent's name: _____ Signature: _____ Date: ___/___/___

PAYMENT OPTIONS: () Check payable to Mad Science MAIL CHECK & FORM TO: Mad Science, 1808 Tribute Rd, Ste E, Sacramento, CA 95815

() MasterCard () Visa () AmEx Zip Code: _____ Card #: _____ Expires: ___/___ CVC Code: _____

Name as it appears on the card: _____ Signature: _____

Code O World

Elevating **STEM** Education

Coding Learning Center

FREE Trial Class

Ages : 5 yrs - 16 yrs

- Interactive, Innovative and Project based methodology
- Scratch, Python, Web Development, Pygame and more...
- Focus on developing kids creative, cognitive and problem solving skills



Also offering
ART and ROBOTICS
Classes

Computer Science is today's world need and will be a key learning necessity for tomorrow's digital era, but our kids hardly get a chance to learn it at an early age, that makes it difficult for them to adopt to it later on. "Code O World" provides a dedicated, fun-filled and continuous learning environment for kids to acquire coding skills at early stage and slowly build on these skills for a successful and bright future .

We have highly qualified, experienced teaching staff . Very Low Student to Teacher ratio ensures individual focus and guidance for your child.

We are located near by, in CVS Complex. Next door to Mathnasium

 **510-990-3034, 415-494-1286**

 info@codeoworld.com

 www.codeoworld.com

 [codeoworld](https://www.facebook.com/codeoworld)

 **3201 Stanford Ranch Road, Rocklin, (Stanford Ranch & Park Intersection)**

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Tennis Classes

at **Ruhkala Elementary**



TGA brings the tennis court to you, making it convenient and affordable to learn and play tennis in a fun and safe environment. Kid-friendly instructors help students develop tennis skills and knowledge, while using the sport to teach valuable life lessons like honesty and sportsmanship.

For more info contact: Mike Wyatt
at 408.839.5889 or mwyatt@playtga.com

 [Facebook.com/TGAPremierSports](https://www.facebook.com/TGAPremierSports)

 [instagram.com/TGAPremierSports](https://www.instagram.com/TGAPremierSports)

EVERY
TGA
CLASS
INCLUDES


All
Necessary
Equipment


Individual
& Team
Instruction


Sport Rules
& Etiquette


Academic
Concepts &
STEAM Labs


Physical
Activity


Life Lessons in
Perseverance
& Leadership

Sign Up Today: [PlayTGA.com/Placercounty](https://www.playtga.com/placercounty)

Tennis Class Details

Day: Tuesday

Dates: 3/5/2019 - 4/2/2019

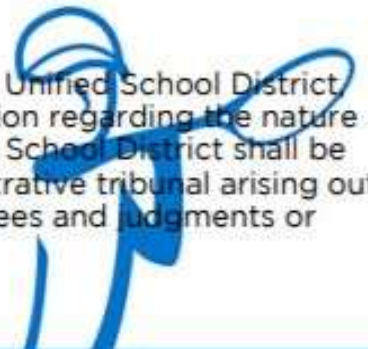
Time: 2:30 PM - 3:30 PM

Cost: \$99.00/5 weeks

Students are grouped by grades (k-3rd) (4th-6th)
Tennis class meets on the school playground



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Sports Change Lives!

MONDAY MADNESS

SIGN UP TODAY! **ROCKLIN GROCERY OUTLET** IS PROVIDING THE SNACK AND THE PTC IS PLANNING THE PLAY DATES, ASK YOUR FRIENDS AND JOIN THE FUN!

\$5 PER MONDAY ~ \$ 20 FOR THE FIRST FOUR PLAY DATES
\$ 35 ~ FOR THE WHOLE YEAR

WHO? All Huskies
Kinder - 6th grade

*CHECKS MADE OUT TO RUHKALA PTC

WHEN? 1:30 - 2:30

WHAT? * SLACKLINE * OLYMPICS

* GROUP ACTIVITIES * RELAYS

* MINUTE TO WIN IT GAMES

Immediately after school

Kinders will be escorted

WHERE? Ruhkala's Multi Purpose Room

Pick up will be from the back parking lot

September 17

October 22

December 10

January 14

March 18

April 29

May 13

WHY? School pick up is difficult on short Mondays, kids want play dates, all monies earned go right back into the school to help our Huskies!

Looking for a volunteer opportunity (high schoolers welcome), have a question, drop me an email, at ruhkalaptc@gmail.com

PLEASE FILL OUT ONE TICKET TO FUN PER CHILD

Child's Name _____ Food Allergies _____

Teacher _____ Grade _____

Parent's Name _____ Number _____

email _____

My child will.... { } walk home { } I will pick them up

{ } go home with _____

Emergency Name and Number _____

Parent Signature and Release of Liability _____ \$ _____

ADMIT ONE